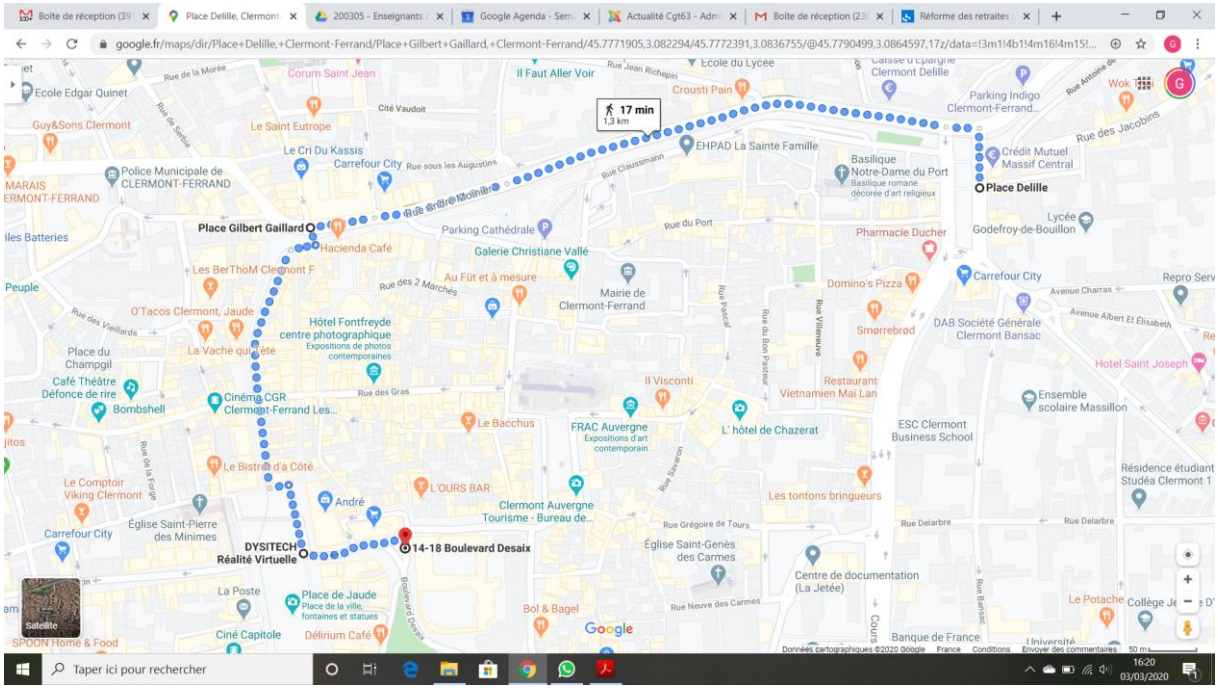PARCOURS VENDREDI 06 MARS 2020